



microblading aftercare

Day 1:

- You will leave with a cream barrier layer on your freshly microbladed brows. **DO NOT touch!**
- 3 Hours Post Appointment: (CLEANSING & MOISTURIZING STEP)**
GENTLY cleanse brows with saturated Witch Hazel pad. Pat dry with paper towel and apply/smear the **THINNEST** layer possible of provided healing ointment. (If layer is not clear, you've applied too much. The treated area **MUST** be breathable in order to heal properly!!) If healing ointment is not provided, Vitamin A&D ointment is a great alternative!!
- Weeping fluids (lymph) may occur during the first 24 hours. Be sure to gently blot brow area with a cool dampened tissue to **REMOVE** any **BUILDUP!**
- Before Bed:** Repeat **CLEANSING & MOISTURIZING STEP.**

Day 2-14:

- Repeat **CLEANSING & MOISTURIZING STEP** morning & night, reapplying the **THIN** ointment layer 2-3 times between cleansing.

DONTS(seriously, don't!):

- NO TOUCHING.** Be as careful/gentle as possible! Your retention/results depend entirely on your ability to follow proper **AFTERCARE**. If you scratch, rub or pick, you will **RUIN** your results. A few days of dark scabbing or flaking skin is **NORMAL** and a part of the process. Pigment will be permanently pulled out with the removal of any premature scabs and require a 3rd session at your expense... so don't mess!
- NO PRODUCTS.** Absolutely no harsh cleansers, creams, makeup or any other products on treated area for 2 weeks. Always avoid retinol/anti-aging creams as they fade tattoos! Makeup is OK around the brow area followed by very careful facial cleansing (use makeup wipes or washcloth).
- NO WATER.** Avoid getting them wet, no direct water on your face in the shower. Crack the bathroom door during showers to avoid "sauna effect".
- NO SUN.** Avoid tanning/direct sun exposure for at least a month. It's never a good idea to make your tattoo susceptible to a deep tan or sunburn as it will cause fading.
- NO SWEAT.** Avoid heavy sweating for at least two weeks, if possible. Skip Cardio the first few days.. the salinity in your sweat is **BAD** for healing! Participate in intense workouts at your own risk, wearing a hat/headband to eliminate facial sweating.
- NO TREATMENTS.** Do not get any other treatments on the area such as botox, facials, chemical peels or microdermabrasion for at least one month.
- NO SLEEP.** Kidding! But be sure to avoid sleeping on your face for as long as possible. Sleep like the princess you are!

PLEASE feel free to text me (585.698.3519) anytime with questions/updates, and don't forget to schedule your Perfecting Session 4-8 weeks out on [StyleSeat.com/BLADED!](http://StyleSeat.com/BLADED) Xo Britt